

Maximizing Team Performance using Myers-Briggs Type Indicator



Workshop Overview

This fun, engaging, and energizing session will provide participants with an understanding of team dynamics and the different stages that teams go through in their life cycle. In addition to team stages, by understanding individual Myers-Briggs styles the group will learn to appreciate the differences while understanding how to effectively communicate with each other.

Participants will “experience” the different styles as they learn resulting in increased knowledge and understanding of the differences.

At the end of the day the team will walk away with a **TEAM CHARTER** that includes a summary of who the team members are (MBTI), their mission and resources, and an action plan that describes where they should focus as a team.

Morning Session

- Understanding Teams and Team Dynamics
- MBTI Styles
- Putting MBTI to use in the workplace
- Team Activity (Mission, Resources, Working Together)

Afternoon Session

- Team Activity – Building Bridges (Focus on Communication)
- Team Activity – Total Chaos (Focus on Handling Conflict)
- Team Analysis (Questionnaire to determine strengths, development areas)
- What’s working, Not working, Do differently
- Summary and Wrap-up

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Angela Walterscheid is dedicated to helping companies develop their human resources. With over 18 years of corporate and consulting experience, Angela’s focus is on design, development, and facilitation of custom learning experiences in management, leadership, customer service, time management, team development and many areas of professional development that result in improved business unit and individual performance.